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Compass Points

MARYLAND COUNSELING ASSOCIATION (MCA)
A BRANCH OF ACA

“SERVING THE COUNSELING, GUIDANCE, AND HUMAN DEVELOPMENT PROFESSIONS”

To Register for MCA or any of our events, please go to:
www.md-counseling.org

Find us on Facebook or Twitter:
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A Message from the President:

Hello Maryland Counseling Association (MCA)! I want to thank you for your confidence in me to serve as your upcoming President for 2015-2016. For those of you who do not know me personally, I would like to tell you a bit about me both professionally and personally.

Professionally, I am a licensed professional counselor, a national certified counselor and an approved clinical supervisor. With a background in community mental health, I specialize in working with individuals and groups from a wide range of multicultural backgrounds on counseling issues ranging from normal situational and developmental issues to living and coping with severe and persistent mental illness. As a certified American Red Cross disaster mental health responder and liaison to the American Red Cross disaster mental health partners for the American Counseling Association (ACA), I am trained to work with disaster survivors, first responders, and emergency preparedness personnel. I am a counselor educator at Argosy University in Washington, DC and am currently co-chair of the ACA Ethics Committee; sit on the executive board for the Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC); and serve as chair of the ASERVIC Ethics Committee. In addition to disaster mental health and trauma, I have published and presented on topics such as counseling assessment and diagnosis and the integration of spirituality and/or religion into counseling. My latest publication was as lead author of the book, *DSM-5 Learning Companion for Counselors*, published by ACA.

Personally, I am someone who believes that life is truly a journey of which there is no real end. With the cooling temperatures and changing of the seasons, I find myself reminiscing about the cycles we experience as part of our voyage. Each of our life seasons is filled with unique blessings and challenges. My goal within MCA is to pause and reflect on MCA as an organization – celebrate our successes and meet our challenges. Reflect on the experience of former leadership to identify ways in which we can increase services and professional opportunities for members as needed. I do not believe in “fixing” things which do not need to be fixed but I do want to hear about changes you would like to see made. I also want all of us to enjoy the real “fruit” of MCA membership; joining together as professional counselors.

Mindfully experiencing moments where I can be of service is a lifelong goal of mine. Thich Nhat Hanh encourages me in his statement “From time to time, to remind ourselves to relax and be peaceful, we may wish to set aside some time for a retreat, a day of mindfulness, when we can walk slowly, smile, drink tea with a friend, enjoy being together as if we are the happiest people on Earth (2001).” Thich Nhat Hanh’s meaning was to be intentional and mindful of our relationships with one another. With our upcoming conference, I am looking forward to connecting (or reconnecting) with so many of you. As we think ahead and plan for the future, we can also pause...relax...and set aside sometime to appreciate one another. For that is truly what events, such as our annual conference, are all about – taking the time to “be” with one another.

As your President-elect, I am honored to have the opportunity to work for each of you and am excited about the future. I feel a great sense of excitement amongst you with the great intention of expanding our association and providing greater and improved services to our members. Thank you again for this opportunity.

See you at conference!
Stephanie F. Dailey, Ed.D., LPC, NCC, ACS



MCA Maryland
Counseling
Association

**7 NBCC clock
hours**

Annual Conference:

"Wellness in the Age of

Friday, NOVEMBER 14th, 2014

9:00am-4:00pm -Columbia, MD



Marty Jencius, Ph.D.—Dr. Jencius AKA "Technophile" will talk on wellness in the age of technology. He is the founder and list manager of CESNET-L, a professional online listserv for counselor educators. He is the co-founding editor of The Journal of Technology in Counseling, a web-based, peer reviewed journal and is a writer/editor of a monthly column, The Digital Psyway, in Counseling Today, the monthly publication of The American Counseling Association. (ACA) Dr. Jencius was elected to serve as President of the Association for Counselor Education and Supervision for 2014-2015.



Anne "Nancy" M. Wheeler, JD— Dr. Wheeler will talk primarily on the implications of HITECH liability on counselors. She coordinates the risk management helpline for the ACA Insurance Trust Inc. and a consultation plan for members of the American Psychiatric Association.

Rob Reinhardt, LPC-S. Mr. Reinhardt will be talking on comprehensive consulting for mental health professionals in practice. He has his own private practice and years of experience running, and working in a variety of successful businesses. He will address all facets of a private practice and agency, including the areas many practitioners need help with like Marketing, Technology and Finances.



**Join us for a Post-Conference
Social!**

**AIDA Bistro & Wine Bar
6741 Columbia Gateway Dr.
Columbia, MD 21046**

5:00PM

STILL TIME TO REGISTER!

**To view the full schedule and register
please visit
www.md-counseling.org,
OR mail in the attached form.**

**Conference will be held at: Johns Hopkins
University-Columbia Center
6740 Alexander Bell Drive
Columbia, Maryland 21046**

Events

Save the Date!



House of Ruth and CHANA present:

Expert Witness Training Preparing Clinicians for the Courtroom

November 14th and December 5th
9:00 AM to 1 PM each day
(must attend both days)

Jewish Community Center
5700 Park Heights Ave., Baltimore, MD 21215

Registration is free; though we ask that participants take one pro-bono case in exchange for the training.

5.5 Category I Social Work CEUs included
(must attend both days for CEUs — no partial given)

Registration forms will be available after October 1st at <http://www.hruth.org/> or email shess@hruthmd.org



Are you a Licensed Psychologist, Certified Professional Counselor or a Social Worker?

This training will provide the content and courtroom strategies you need to provide expert testimony on the impact of domestic violence on child-witnesses in custody cases.

Goal of the training:

To train experienced Mental Health Clinicians to be expert witnesses in custody matters where children have witnessed Domestic Violence.

Topics to be covered:

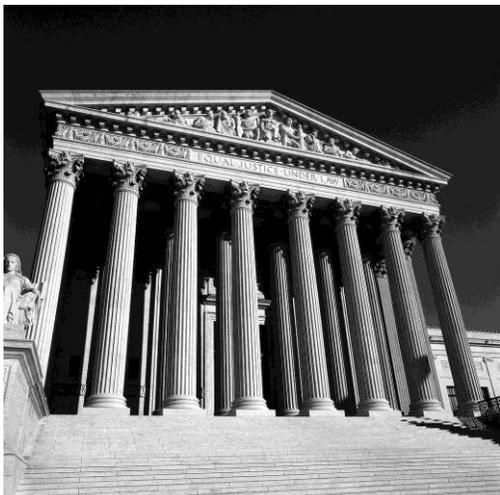
- Current best practices for family treatment and intervention.
- Becoming qualified as an expert witness.
- Legal preparation to testify
- Practice testifying on direct examination and cross examination.

Day One

Comprehensive Literature and Best Practices review

Day Two

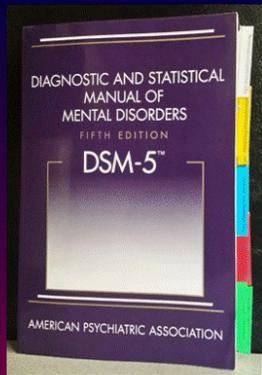
Understanding the Courtroom and Testimony Practicum



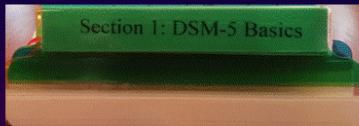
Publications

DSM-5 Index Tabs

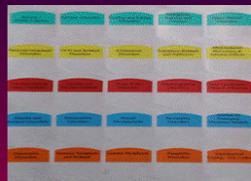
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ACA NEWS

What:

American Counseling Association (ACA) 2015 Annual Conference & Exposition

Where:

Orlando, Florida

When:

March 12-15, 2015

Early Registration:

<https://www.counseling.org/conference/2015-conference-registration>

ACA News continued...

Association for Adult Development and Aging (AADA) Conference

Dear members of the Maryland Counseling Association,

As a brand new member of MCA, and a Department Chair in Washington at The Chicago School of Professional Psychology in the Counselor Education program, I wanted to extend this invitation to you for any level of participation with this national conference. AADA is a national division of the American Counseling Association, and a division of which I have been a member and leader for many years. I also edit the ADULTSPAN Journal, our scholarly national journal.

The Association for Adult Development and Aging (AADA) will host the national conference on Thursday, August 6 and Friday, August 7, 2015 in Manhattan - at the marvelous Roosevelt Hotel, 45th St and Madison Avenue. This is the third time we will have used the Roosevelt Hotel, and each time is a charm. Lovely, classy accommodations, reasonable cost, and the location is terrific.

Thursday August 6, will be "Pre Conference Day", with two 3-hour workshops on important topics. For one, Dr. Theodore Remley will be presenting on "Ethical and Legal Challenges in Counseling Adults" and what a treat that will be! The second is - a surprise!

Keep an eye out for the Call for Proposals, coming soon to the MCA. This is an excellent venue to try out new ideas and research.

We can have a wonderful time in The Big Apple, and if you haven't been there, that's an excellent time to go, plan a show, a concert, great and unique shopping - whatever you desire. And the food...

I wanted to share the conference theme and suggested sub themes with you, so you can plan on attending or submitting a proposal:

CONFERENCE THEME:

The Journey of Young, Midlife and Older Adulthood: Challenges, Crises and Celebrations

This is a broad theme to capture many subtopics around issues of adult development.

We have included five subtopics that may generate specific interest as well, and they are:

1. Transitions and Challenges: Career, Relationships and Spirituality
2. Transitions and Challenges: Mid Life and Older Multiculturally Diverse Adults
3. Transitions and Challenges: Sexual Identity and LGBTI Issues
4. Transitions and Challenges: Alternative Family Structures, Same Sex and Beyond
5. Research/Outcome Assessment of Working with Adults Across the Lifespan

If those suggestions do not appeal to you - consider imagining a different topic dealing with adult development and submit!

DATE: Thursday August 6 and Friday August 7, 2015

PLACE: New York City, Roosevelt Hotel, Madison Ave. and 45 th

CEU's: 12-15 possible

Wait for Call for Proposals very soon.....start planning now :)

Very best,

Catherine Roland, Conference Coordinator

Member, MCA

croland@thechicagoschool.edu

MCA Division News

Please join us in welcoming the new MAMCD Officers!

Lanada Williams, President

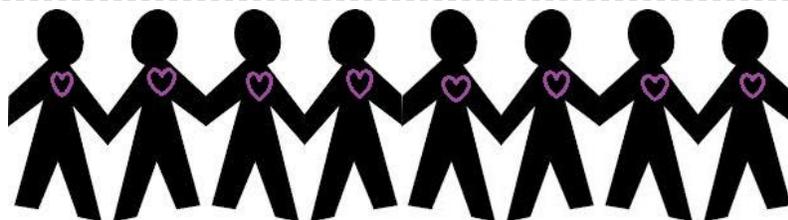
Dr. Donna Shannon, President-Elect

Dr. Raymond Shorter, Immediate Past-President

Dr. Aaron B. Stills, Treasurer

Jerez Roberson, Recording Secretary

Mavis Lewis, Parliamentarian



Relational Excellence presents:
From Darkness to Light
(Women's **Survivor Group**)

Relational Excellence offers a **Survivor Group** (individual services upon request) for **WOMEN ONLY** in Silver Spring, MD. This exciting experience is aimed to enhance the lives of women who are looking for ways to cope. Our interactive approach is tailored for individuals who have had exposure to difficult events such as (sexual assault, domestic violence, stalking, divorce, grief and loss, etc.) and are open to finding ways to transition from shame, isolation, and learned helplessness to an empowered, strength-based, judgment-free, view of self that is full of hope.

Things to know:

- Group is 12 weeks for 1.5 hours
- Screening required before attending the 1st session
- Evening hours
- In a secure building
- Public transportation accessible and free on street or garage parking after 6pm
- Interactive for all intensity levels of trauma
- Inquire about costs

Contact us at:

Email: Hodge.rexcellence@gmail.com

Phone: (888) 907-0899

Website: www.rexcellencellc.com

Twitter: @FDTLSurvivor

Chesapeake Beach Professional Seminars, LLC

Provider of continuing education for social workers, psychologists, counselors, and play therapists.

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Saturday & Sunday, November 1 & 2, 2014
Prince Frederick, MD

Space is limited.
You must register in advance.

FREE Introduction to Play Therapy

Sunday, November 16, 2014
Baltimore, MD

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Saturday December 6, 2014
Baltimore, MD

Become an RPT today!
150 hours of training stands between you and your
Registered Play Therapist (RPT) credentials.
Join Track A: the fast track to becoming an RPT.



ADVANCED Training

"The Art of the Relationship in Play Therapy: Deeper Issues"

Presented by Dr. Garry Landreth

Friday & Saturday, November 14 & 15, 2014

8:30 AM to 4:30 PM in Towson, MD

\$298.00 before Nov. 3; \$350.00 after Nov. 3,

CEUs for Social Workers/Psychologists/MFCCs/Play Therapists: 12 ;
NBCC CE Clock Hours: 12

*Prerequisite: Must have successfully completed any Child-Centered
Play Therapy seminar.



WEBINARS

Unable to attend? We have four recorded
webinars you can view at your convenience.

1. Discovering the Mystery of Play Therapy
2. Play Therapy with the Angry Child
3. History, Theory, & Foundations of Play Therapy
4. Understanding & Treating Self-Mutilation

Register:

Fax information to 410-414-9902 or e-mail completed information to cbps2006@yahoo.com.

Include name, address, phone, email, professional discipline, and which seminars you will attend.

Send payments to 3555 Ponds Wood Drive, Chesapeake Beach, MD 20732

Go to www.cbpseminars.org, click on the Calendar tab, & select the training title.

Please make checks payable to Chesapeake Beach Professional Seminars.

Contact:

Sonia Hinds, Founder & Director

Chesapeake Beach Professional Seminars

Phone: 410-535-4942 or 410-414-9901 | Fax: 410-414-9902

Email: cbps2006@yahoo.com | Website: www.cbpseminars.org



DCC Distance Counseling Training

This 23 hour online training can be an important professional enhancement as you strive to stay current with new and important advancements in the counseling field. By attending our training, a counselor will learn effective techniques for online counseling and supervision.

Renewed Vision Counseling, a leader in distance counseling, has been authorized by The Center for Credentialing and Education, Inc. (CCE), an affiliate of the National Board for Certified Counselors to offer this training.

What are the Requirements for the DCC Training?

A minimum of an earned Masters degree in counseling, social work, psychology or related field from a regionally accredited college or university.

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- *Exciting Activities and Program



A Mental Health Service Provider in Maryland



Psychiatric Rehabilitation Program & Mental Health Vocational Program

What we do: ACIDD Maryland offers on site and off-site supportive services through a Psychiatric Rehabilitation Program (PRP) and a Mental Health Vocational Program (MHVP) to adults with severe mental illness in Maryland.

How to Join: Our one-page referral form can be found on our website (www.aciddmaryland.com under Programs & Services) and faxed or emailed to begin the process.

In the News: Read more about our work in Howard County Business Monthly's October 2014 issue! (www.bizmonthly.com)

**8980 Old Annapolis Road
Suite B
Columbia, MD 21045**

Phone: 443-319-5010

Fax: 443-319-5265

Email: info@aciddmaryland.com

Want to join MCA? Here's your chance!

Apply ONLINE or by MAIL:
<http://www.mdccounseling.org/>

Why should you join MCA?

Membership is important to your professional growth and career development. It provides:

- Continuing education units at discount prices
- Early notification of MCA and all division events
- Current public policy issues and new laws of interest to professional counselors
- Grant opportunities
- Four newsletters and opportunities to advertise your business through contributing articles
- Early notification of job openings in the field of counseling
- Leadership training and greatly reduced registration costs to annual, regional or national conferences for board members
- Free registration to all MCA conferences and workshops for board members
- Electronic reminders to renew your membership
- A list of events that you have participated in (*and soon to come a method of keeping track of CEU's you earned*)
- Support and advocacy for professional counseling in the state of Maryland



[Click here](#) to join MCA today!

Not ready to join? Choose the non-Member Contact option for a no-cost way to add your name to our email list.

Don't miss out! The next newsletter will be published January 2015. Deadline for contributions and advertising is **January 10th!**

MCA Board Positions Available

- **MACES President**
- **Bylaws Assistant**
- **Event Registrar Assistant**
- **Website Assistant**
- **Conference Planning Committee Members**

Contact Tony Spann, MCA President, for more information.

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